

A Partial Hospitalization Program

Many individuals benefit from intensive psychiatric treatment, and don't require constant, 24-hour inpatient hospital monitoring.

At Our Lady of Fatima Hospital, we've created a program that helps people get the care they need and still return to their own homes at night. Our Partial Hospital program draws on the support and expertise of one of the region's leading behavioral health programs – Fatima Hospital – and it follows our long-standing tradition of professional care.

Many patients face social, interpersonal and emotional challenges daily. Our program is designed to be a place where you can discuss these issues and find the support, skills, care and professional advice or assistance you need to resolve them.

The Power of “We”

Our membership in CharterCARE Health Partners allows us to offer access to an impressive list of affiliate services, including:

- Inpatient & outpatient rehabilitation
- Adult & geriatric psychiatry
- Addiction medicine
- Endoscopy
- Breast care
- Cancer care
- Wound care
- Pain management
- Laboratory services
- Diagnostic imaging
- Home care
- Nursing home services
- Diabetes counseling
- Support groups



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A DIVISION OF ST. JOSEPH HEALTH SERVICES OF RHODE ISLAND

An affiliate of CharterCARE Health Partners



PARTIAL HOSPITALIZATION

Compassionate. Comprehensive. Convenient.

*Just a few words that describe
our adult partial hospitalization
and intensive outpatient programs
for behavioral health.*



A Timeless Setting

Participants in the Partial Hospital program enjoy our spacious, newly renovated facilities. Our group room, library, staff offices and suites are located in Marian Hall on the Fatima Hospital campus.

A Staff That Cares

Our staff is dedicated to one purpose – your mental health, which is an essential part of our strong tradition of community involvement and personal care. Our multi-disciplinary team will partner with you in tailoring an individualized program around your specific needs.

These professionals include a board-certified psychiatrist/medical director, a certified masters clinical nurse specialist, licensed social workers, occupational and recreational therapists, professional psychiatric nurses and psychiatric treatment assistants.

Services to Fit a Wide Range of Needs

Our program provides short intensive treatment individualized to meet the needs of each person. Other services include a full range of available treatment: psychological, substance abuse, rehabilitative and medical, *such as*:

- Diagnostic Assessment
- Aftercare planning with referral to appropriate community resources
- Assist with recovery plans
- Family Conferences / Assessments
- Group Psychotherapy
- Individual Psychotherapy
- Psychiatric and psychopharmacology evaluation
- Neuropsychological Testing
- Psychological Testing
- Psychoeducational Groups



- Social Service Intervention
- Aftercare planning with referral to appropriate community resources
- Formal substance abuse testing

Who Can Take Part?

The program is for adults 18 and older...

- experiencing depression, anxiety or stress
- experiencing substance abuse disorders
- experiencing prolonged grief caused by significant loss or change
- experiencing acute behavioral health symptoms which, if left untreated, could require inpatient care
- preparing for discharge from an inpatient setting, but still in need of daily monitoring or continued therapeutic intervention

The program also provides support and education to families of individuals.

How are People Referred to the Program?

Participants can self refer, they can be referred from an inpatient setting or by their community behavioral health provider, they may also be referred to the

program from the Emergency Room as an alternative to inpatient care.

Participants are screened to assess their needs and must demonstrate the cognitive ability and behavioral control to take an active role in all parts of the program. Initial screening is by telephone. Admissions are voluntary.

Program Hours

Our Partial Hospitalization Services are offered from 9:00 a.m. to 3:00 p.m., Monday through Friday.

Some participants can attend five days a week. Other participants may progress to our daytime Intensive Outpatient Program which runs three times a week.

Participants are responsible for getting to and from the program, but we will assist in facilitating any available transportation.

Costs

Medicare and other major insurances cover Partial Hospitalization Program services for those who qualify.

To Learn More

Call us at 401-456-3034, or ask your doctor or clinician for more information.